

Hours: Mon - Fri 11am - 9pm  
Sat - Sun 11am - 5pm

Pick-up Delivery  
617 - 232 - 7070

# SEVENS

Brookline's Best Sandwich

## Specialty Wraps

Choice of tortilla: White, Wheat, Spinach, Basil, or Sun-dried tomato

- Lucky 7 Wrap** \$6.50  
Our signature on a wrap! Turkey breast, our homemade coleslaw, russian dressing & melted swiss cheese
- Mediterranean Wrap** \$6.75  
Green zucchini, yellow squash, roasted red peppers, grilled onions, goat cheese & our balsamic vinaigrette
- Chicken Mediterranean Wrap** \$7.75  
Our breaded and baked chicken breast, green zucchini, yellow squash, roasted red peppers, grilled onions, goat cheese & our balsamic vinaigrette
- B.L.A.S.T. Wrap** \$6.50  
Bacon, lettuce, avocado, sprouts, tomato & mayo on your choice of wrap
- Honey T** \$6.00  
Turkey breast, tomato, red onion, sprouts & honey mustard
- Chicken Havartia** \$6.50  
Chicken salad, tomato, romaine lettuce, red onion, sprouts & havarti-dill cheese
- Agean Chicken Wrap** \$6.75  
Green zucchini, yellow squash, grilled onions, sliced chicken breast with lemon & greek dressing
- Coastal** \$6.25  
Lettuce, tomato, red onion, cucumbers, sprouts, havarti-dill cheese, guacamole & cucumber-dill spread
- Caesar Salad Wrap** \$6.00  
Romaine lettuce, our homemade garlic croutons, shaved parmesan cheese & our own Caesar dressing
- Caesar Salad Wrap with Chicken Breast** \$6.75  
Romaine lettuce, homemade garlic croutons, our breaded and baked chicken breast, shaved parmesan cheese & our own Caesar dressing
- Greek Salad Wrap** \$6.00  
Romaine lettuce, tomatoes, cucumbers, red onion, feta cheese & greek dressing
- Greek Salad with Chicken Wrap** \$6.75  
Romaine lettuce, tomatoes, cucumbers, red onion, feta cheese, our chicken breast & greek dressing
- Greens & Vinaigrette** \$6.50  
Romaine lettuce, tomatoes, cucumbers, carrots, avocado & our own balsamic vinaigrette
- Cheddar & Sprouts Wrap** \$6.00  
Romaine lettuce, tomato, red onion, sprouts, cheddar cheese & cucumber-dill spread
- Chicken BLT Wrap** \$6.75  
Chicken breast, bacon, lettuce, tomato & mayo (Add \$.75 for guacamole)
- Tuscanese Wrap** \$7.75  
Green zucchini, yellow squash, tomato, grilled onions, warmed goat cheese, sun-dried tomatoes, oregano & balsamic vinaigrette
- Hummus & Vinaigrette Wrap** \$6.00  
Hummus, romaine lettuce, tomato, red onion, sprouts & our own balsamic vinaigrette

### A Note about Sandwich Modifications:

Want an ingredient added, need something left off, lite on this, extra of that, toast only one side of the bread? Sure, no prob. No matter how crazy your combination, we have probably seen crazier, so just ask!



## Specialty Subs & Sandwiches

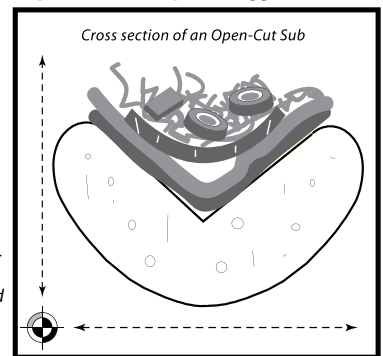
All sandwiches are made on a DEFAULT bread type. If you wish to change to another bread type, that's fine but you must SPEAK UP!!  
Bread choices: Sub roll, bulkie roll, white scali, whole wheat, light rye, dark rye, marble rye, sourdough, multi-grain

- Veggie Melt**  
Lettuce, tomato, onion, pickles, melted three cheeses & russian dressing on toasted sub roll
- Lucky 7** \$5.25 \$6.50  
"Our signature & the one that made us famous"  
Oven-roasted turkey breast, our homemade coleslaw, melted swiss cheese & russian dressing on toasted sub
- Unforgiven** \$5.25 \$6.50  
Roast beef, potato salad, melted provolone cheese & BBQ sauce on toasted sub roll
- Reuben Carter** \$5.75 \$6.75  
Corned beef, sauerkraut, russian dressing & melted swiss cheese on toasted dark rye
- T-Melt** \$5.25 \$6.50  
Homemade tuna salad with lettuce, tomato, russian dressing & melted swiss cheese on a toasted sub roll
- Brookline Club** \$5.75 \$6.75  
Triple decker with turkey, roast beef, corned beef, swiss cheese, coleslaw & russian dressing on light rye
- Boston Club** \$5.75 \$6.75  
Triple decker with turkey, roast beef, ham, swiss cheese, coleslaw & russian dressing on white scali
- 24 / 7** \$8.75  
Same ingredients as the Boston club only larger portions of each. Largest sandwich we have: three quarters of a pound of sliced meats!!
- Turkey Bacon Club** \$5.50 \$6.75  
Triple decker on toasted white scali with turkey, bacon, lettuce, tomato & mayo (Add guacamole for \$.75)
- Chicken Bacon Club** \$5.75 \$7.00  
Triple decker on toasted whole wheat with chicken breast, bacon, lettuce, tomato & mayo (Add guacamole for \$.75)
- Tuna Club**  
Our homemade tuna salad on whole wheat bread with romaine lettuce, tomato & sprouts
- B.L.A.S.T.** \$5.50 \$6.50  
Bacon, lettuce, avocado, sprouts, tomato & mayo on multi-grain
- Big Red** \$5.25 \$6.50  
Italian meatballs in marinara sauce with american cheese on a toasted sub roll
- Buffalo Melt** \$5.25 \$6.50  
Turkey breast, buffalo sauce, celery, blue cheese dressing & melted provolone on toasted bulkie roll
- Chicken Bacon Ranch** \$5.75 \$6.75  
Chicken breast, bacon, lettuce, tomato, guacamole & ranch dressing on toasted sourdough
- RBI** \$5.25 \$6.50  
Roast beef, grilled onions, grilled red peppers, BBQ sauce, ranch dressing & melted provolone cheese on toasted bulkie roll
- BBQ Bacon Chicken Melt** \$6.25 \$7.50  
Chicken breast, bacon, grilled onions, BBQ sauce & cheddar cheese on toasted sub roll
- Turkey Bacon Ranch Melt** \$5.75 \$6.75  
Turkey breast, bacon, ranch dressing, lettuce, tomato & melted cheddar cheese on toasted bulkie roll
- Cheroni** \$5.50 \$6.50  
Turkey breast, pepperoni, green pepper, blue cheese dressing & melted cheddar on toasted bulkie roll
- Veggie Jack** \$5.00 \$6.00  
Romaine lettuce, tomatoes, red onion, sprouts, pepperjack cheese & cucumber-dill on whole wheat bread
- Hummus & Vinaigrette** \$4.75 \$6.00  
Hummus, romaine lettuce, tomatoes, red onion, & sprouts with balsamic vinaigrette on whole wheat

## Open-Cut Subs

What's an open-cut sub? It's just the way we cut the bread. The sub roll is butterflied or split, not sliced in half sandwich-style. The meats and cheese are layered on first; then the vegetables fill out the "wedge" of the sub. Oil and vinegar are served on the side with all open-cuts to pour over the exposed veggies.

- Morty**  
Mortadella, lettuce, tomato, green pepper, salt & pepper
- Genoa** \$4.75 \$5.75  
Genoa salami, lettuce, tomato, green pepper, salt & pepper
- Wilbur** \$5.25 \$6.50  
Black forest ham, american cheese, lettuce, pickles, yellow mustard, salt & pepper
- Simple Italian** \$4.75 \$5.75  
Mortadella, genoa salami, lettuce, tomato, salt & pepper
- Supreme Italian** \$5.25 \$6.25  
Mortadella, genoa salami, provolone cheese, lettuce, tomato, pepperoncini, green pepper, green olives, salt & pepper
- CQV** \$4.50 \$5.50  
Lettuce, tomato, pickles, onion, green pepper, red pepper, green olives, salt & pepper
- Townie** \$5.25 \$6.25  
Genoa salami, green pepper, lettuce, blue cheese dressing, black pepper and melted provolone cheese on a toasted open-cut sub
- Turkey-V** \$5.25 \$6.50  
Turkey breast, tomato, lettuce, mayo, pepperjack cheese, salt & pepper



= toasted and melted item = vegetarian item = house favorite = low-fat item

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617 - 232 - 7070

# Deli Sandwiches, Salads, Sides & Other

CREATE YOUR OWN SANDWICH FROM SCRATCH!!

## Deli Sandwiches

	Small	Wrap / Large
Turkey breast	\$4.75	\$6.00
Roast beef	\$4.75	\$6.00
Black forest ham	\$4.75	\$6.00
Tuna salad	\$4.75	\$6.00
Chicken salad	\$4.75	\$6.00
Meatballs	\$4.75	\$6.00
Corned beef	\$5.25	\$6.25
Chicken breast	\$5.25	\$6.25
Mortadella / Salami	\$4.75	\$5.75
Hummus	\$4.75	\$6.00
BLT	\$4.50	\$5.50
Veggie	\$4.50	\$5.50

### Choose Bread or Wrap:

BREADS: sub roll, bulkie roll, white scali, whole wheat, light rye, dark rye, marble rye, sourdough, multi-grain

WRAPS: white, whole wheat, spinach, basil, sun-dried tomato

### Vegetables:

Iceberg lettuce, romaine lettuce, tomato, red onion, pickles, green olives, green peppers, red peppers, cucumbers, sprouts, carrots, celery, green zucchini, yellow squash, pepperoncini

coleslaw \$.50, sauerkraut \$.50, roasted red peppers \$.50, avocado \$1.00 sun-dried tomatoes \$.75, grilled onions/peppers \$.50

### Cheeses: (\$.50)

American, swiss, provolone, cheddar, havarti-dill, pepperjack, feta, parmesan cheese, goat cheese \$1.00

### Condiments:

Mayo, yellow mustard, spicy mustard, honey-mustard, russian dressing, blue cheese dressing, buffalo sauce, BBQ sauce, ranch dressing, horseradish, tzaziki (cucumber-dill yogurt spread), butter, ketchup, hots, balsamic vinaigrette, salt, pepper, oil, vinegar, lemon juice, oregano guacamole \$.75, bacon \$.75, pepperoni \$.50

## Hot Dogs

<b>7 Dog</b>	<b>\$2.50</b>	<b>Reuben Dog</b>	<b>\$2.75</b>
Russian dressing, swiss cheese and our famous homemade coleslaw		Russian dressing, swiss cheese & sauerkraut	
<b>Unforgiven Dog</b>	<b>\$2.50</b>	<b>Bacon Cheddar</b>	<b>\$2.75</b>
BBQ sauce & potato salad		Bacon, cheddar cheese & ranch dressing	
<b>Black &amp; Tan</b>	<b>\$2.25</b>	<b>West</b>	<b>\$3.00</b>
Russian dressing & BBQ sauce		Bacon, onion, tomato, cheddar cheese & BBQ sauce	
<b>Buffalo Dog</b>	<b>\$2.25</b>	<b>Hot &amp; Sweet</b>	<b>\$2.00</b>
Celery, blue cheese & buffalo wing sauce		Honey-dijon & red hot relish	
<b>H-T</b>	<b>\$2.25</b>	<b>Spicy &amp; Sour</b>	<b>\$2.25</b>
Honey-dijon, tomato, lettuce & onions		Spicy mustard & sauerkraut	

### Customize your own dog:

Plain dog \$2.00

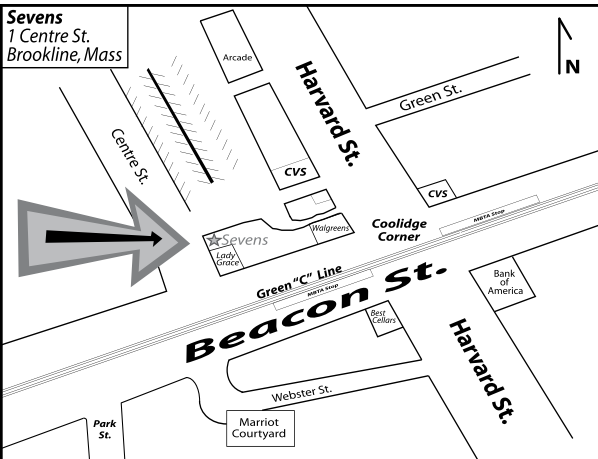
Yellow mustard, spicy mustard, honey-dijon, ketchup, green relish, chopped onions, hot relish

Add \$.25 per item:

Russian dressing, ranch dressing, blue cheese, BBQ sauce, coleslaw, sauerkraut, tomato, any cheese, [Bacon, potato salad, or grilled onions: add \$.50]

**Special**  
Get any 2 dogs\*  
for a can of soda for  
**\$5.00**

\*Add \$.50 for dogs with bacon



## Salads

### Specialty Salads

All salads are served in 32 oz. containers with heavy weight utensils and a side of pita bread. Dressing is always served on the side.

<b>Lucky Salad</b>	<b>\$7.00</b>
Iceberg lettuce, tomato, green & red peppers, turkey & swiss cheese served with russian dressing on the side	
<b>Turkey Bacon Salad</b>	<b>\$7.25</b>
Iceberg lettuce, tomato, green & red peppers, our garlic croutons, turkey breast, bacon & cheddar cheese served with ranch dressing on the side	
<b>Caesar Salad</b>	<b>\$5.75</b>
Romaine lettuce, homemade garlic-buttered croutons, shaved parmesan cheese & our homemade caesar dressing served on the side	
<b>Caesar Salad with Chicken Breast</b>	<b>\$7.25</b>
Romaine lettuce, homemade garlic-buttered croutons, shaved parmesan cheese, our breaded and baked chicken breast & our caesar dressing served on the side	
<b>Greek Salad</b>	<b>\$5.75</b>
Romaine lettuce, tomato, red onion, cucumbers & crumbled feta cheese served with greek dressing on the side	
<b>Greek Salad with Chicken Breast</b>	<b>\$7.25</b>
Romaine lettuce, tomato, red onion, cucumbers, crumbled feta cheese & chicken breast served with greek dressing	
<b>Spicy Pepperjack Salad with Chicken</b>	<b>\$7.00</b>
Iceberg lettuce, tomato, green & red peppers, pepperoncini, croutons, chicken breast and pepperjack cheese with ranch dressing on the side	
<b>Tuscan Salad</b>	<b>\$7.00</b>
Romaine lettuce, tomatoes, cucumbers, green zucchini, yellow squash, red onions, goat cheese & sun-dried tomatoes served with our homemade balsamic vinaigrette on the side	
<b>Hummus Salad</b>	<b>\$6.25</b>
Romaine lettuce, tomato, green & red pepper, cucumbers, red onions, sprouts & hummus with oil & vinegar on the side	

## Create Your Own Salad *Customize!*

### Start with type of Salad:

Iceberg lettuce	\$5.00	Romaine lettuce	\$5.25	No lettuce, all veggies	\$5.50
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### Additions:

Tomatoes	Green olives	Green zucchini	Avocado	\$1.00
Red onions	Pepperoncini	Yellow squash	Sun-dried tomatoes	\$.75
Dill pickles	Carrots	Sprouts	Grilled onions	\$.50
Green peppers	Celery	Garlic croutons	Roasted red peppers	\$.75
Red peppers	Cucumbers	Hummus	Extra pita bread	\$.50

### Meats:

Turkey breast	\$1.50	Corned beef	\$1.75	Mortadella & Salami	\$1.25
Ham	\$1.50	Tuna salad	\$1.50	Chicken breast	\$1.50
Roast beef	\$1.50	Chicken salad	\$1.50	Bacon	\$.75

### Cheeses:

American (white)	\$.50	Havarti-dill	\$.50	Goat cheese	\$1.00
Provolone	\$.50	Cheddar	\$.50	Parmesan	\$.50
Swiss	\$.50	Pepperjack	\$.50	Feta	\$.50

### Dressings:

Balsamic Vinaigrette ***	Creamy Italian	Lite Raspberry Vinaigrette	Blue Cheese
Caesar ***	Honey Dijon	Russian	Oil & Vinegar
Greek	Lite Italian	Ranch	

\*\*\* Indicates dressing is homemade

## Soups & Sides

### Soup(s) of the day (seasonal):

Personal, 8 oz.	\$3.50
Cup, 12 oz.	\$5.00
Bowl, 16 oz.	\$5.75

### Sides:

<b>Potato salad, coleslaw or macaroni salad</b>	<b>Hummus (served w/ pita)</b>
Small, 8 oz.	Small, 8 oz. \$3.25
Medium, 12 oz.	Medium, 12 oz. \$4.50
Large, 32 oz.	Large, 32 oz. \$11.00

### Potato Chips:

Lay's Classic, Salt & Vinegar, SC&O, BBQ, Baked Lays, Nacho Doritos, Pringles, Pringles SC&O, Ruffles, Cape Cod

**Babie Chip cookie or brownie** \$1.50

## Beverages

<b>Soda, 12 oz. can</b>	<b>\$1.00</b>
Coke, Diet Coke, caff-free Diet Coke, Pepsi, Diet Pepsi, Sprite, Dr. Pepper, Diet Dr. Pepper, Mtn Dew, Ginger Ale, Brisk Iced Tea, Sunkist, A&W Root Beer	
<b>Snapple Iced / Diet Iced Tea</b>	<b>\$1.75</b>
<b>Snapple White / Green Tea</b>	<b>\$2.00</b>
<b>Nantucket Nectars</b>	<b>\$2.00</b>
<b>Poland Spring water, 24 oz.</b>	<b>\$1.50</b>
<b>Gatorade</b>	<b>\$1.75</b>
<b>Vitamin Water</b>	<b>\$2.00</b>
<b>Root Beer bottle</b>	<b>\$1.50</b>

## Policies & Promotions

### Pickle Policy:

Ask and you shall receive. If not, then you shall not. (For a detailed history and earlier versions of our now-famous pickle policy, please see our white paper on the web or in the store.)

### After-Tax Policy:

ALL prices on this menu and our menubords in the store are AFTER-TAX (meal's tax already included in the published price.) This makes paying quite simple, particularly in group orders where all individuals know exactly how much they owe. In addition to being after-tax, every price is rounded to the nearest quarter. This eliminates the need for less efficient coinage such as dimes, nickels &, of course, pennies.

### Late Lunch Club:

Buy 7 large sandwiches or salads after 2pm on weekdays and all day Saturday & Sunday and get credit for 1 FREE large sandwich or salad. Ask for a Seven's sandwich card next time you're in the shop. See website or in-store for details. Does NOT apply for deliveries.

### A Note about Sandwich Sizes:

Large (or whole) sandwiches are made with approximately 6 ounces of meat on the whole bread. Small (or half) sandwiches are made with approximately 3 ounces of meat on bread that has been cut to about two-thirds the original bread size. On sub bread, a large is approximately 10-11 inches long and a small is about 6-7 inches long. When placing an order with us, the DEFAULT SANDWICH SIZE IS LARGE, from the fact that the bread slice is uncut. So, for example, if you say: "Give me a Reuben" we will make a large or whole sandwich. If you want a small sandwich, you must say "small" or "half" WHEN YOU ORDER, not after we have made it! Thank you! Additionally, ALL WRAPS ARE ONE SIZE (large)! If you want less meat or "stuff" in a wrap, no problem, but it will remain priced at the large size.

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